

SSO
13-1-16

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UNIVERSITY, FAIZABAD, U.P.**



**DEPARTMENT OF PHYSICAL EDUCATION
MASTER OF PHYSICAL EDUCATION
(FACULTY OF ARTS)**

**ORDINANCE AND SYLLABUS
EFFECTIVE FROM SESSION 2015-16**

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GUIDELINES OF REGULATIONS AND MODEL SYLLABUS STRUCTURE FOR M. P. ED. TWO YEAR PROGRAMME

M.P.Ed.-Eligibility

Intake, Eligibility and Admission Procedure as per the NCTE norms and standards.

M.P.Ed. -Duration:

The M.P.Ed programme shall be of aduration of two academic year,
However, the students shall be permitted to complete the programme requirements
Within a maximum of three years from the date of admission to the programme.

M.P.Ed.- Courses of Programme:

The following are the various categories of courses suggested for the M.P.Ed. Programme.

Theory:

Core Course: (MPCC)

Practical :

Practical Course: (MPPC)

M.P.Ed.- Working days:

There shall be at least 200 working days per year exclusive of admission and examination
Processes etc. The institution shall work for a minimum 36 hours (five or six days) in a week.

M.P.Ed.- Special Marks for Extra Co-curricular Activities :

1. A. Sports Achievement at Stale level Competition (Medal Winner)- 1
B. Sports Achievement National level Competition (Medal Winner) – 2
C. Sports participation International level Competition – 4
2. Inter Uni. Participation (Any one game) – 2
3. Inter College Participation (min. two game) - 1
4. National Cadet Corps / National Service Scheme – 2
5. Blood donation / Cleanliness drive / Community services – 2
6. Mountaineering Basic Camp, Advance Camp / Adventure Activities – 2
7. Organization / Officiating State / National level in any two game – 2
8. News Reposting / Article Writing / book writing / progress report writing – 2
9. Research Project – 4

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Students can earn maximum 6 Bonus marks in each academic by his/her participation in the Above mentioned activities duly certified by the Head of the institution / Department. This bonus will be used only to compensate loss of attendance marks in academic activities.

M.P.Ed.- Examinations:

There shall be examinations at the end of every academic year.
A candidate who does not pass the examination in any course(s) shall be permitted to appear in such failed Course in the subsequent examinations.

M.P.Ed - Attendance:

Student must have 75% of attendance in each course for appearing the examination.

M.P.Ed – Internal Assessment (30 Marks):

Continuous internal assessment (CIA) by the concerned course teacher or internal examiner in every examination separately. The components for continuous internal assessment are -

One Test -10 Marks
Attendance-10 Marks
Assignment-05 Marks
Seminar/Quiz-05 Marks
Total = 30 Marks

M.P.Ed.- External Assessment (70 Marks)

Practical Course (MPPC) of each year to be evaluated by internal and external examiners jointly.

Note – The whole syllabus is applicable for University and its affiliated colleges.

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M.P.ED. -EXAMINATION SCHEDULE

M. P. ED. -I YEAR

| PART A- THEORETICAL COURSE | | | | |
|-----------------------------------|---|-----------------------|-----------------------|--------------------|
| COURSE CODE | TITLE OF THE PAPER | INTERNAL MARKS | EXTERNAL MARKS | TOTAL MARKS |
| MPCC-101 | Research Process In Physical Education & Sports Science | 30 | 70 | 100 |
| MPCC-102 | Physiology Of Exercise | 30 | 70 | 100 |
| MPCC-103 | Yogic Science | 30 | 70 | 100 |
| MPCC-104 | Test, Measurement And Evaluation In Physical Education | 30 | 70 | 100 |
| MPCC-105 | Applied Statistics in Physical Education & Sports | 30 | 70 | 100 |
| MPCC-106 | Sports Biomechanics & Kinesiology | 30 | 70 | 100 |
| MPCC-107 | Athletic Care and Rehabilitation | 30 | 70 | 100 |
| MPCC-108 | Sports Management and curriculum Design in Physical Education | 30 | 70 | 100 |
| PART-B: PRATICAL COURSE | | | | |
| MPPC-101 | Track And Field-I | 30 | 70 | 100 |
| MPPC-102 | Game Specialization -I (Second Best) | 30 | 70 | 100 |
| MPPC-103 | Yoga and Aerobics | 30 | 70 | 100 |
| MPPC-104 | Teaching Lesson Mass Demonstration Activities | 30 | 70 | 100 |
| MPPC-105 | Track and Field -II | 30 | 70 | 100 |
| MPPC-106 | Games Specialization -II (Second Best) | 30 | 70 | 100 |
| MPPC-107 | Teaching lessons of Indigenous Activities and Sports | 30 | 70 | 100 |
| MPPC-108 | Teaching Lessons of Game Specialization (Class Room Teaching) | 30 | 70 | 100 |
| TOTAL | | 480 | 1120 | 1600 |

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