

B.A. III

COMPULSORY PAPERS:

Paper 1: EXPERIMENTAL METHODOLOGY & STATISTICS (Compulsory)

UNIT I

- **Problems and Hypothesis:** Nature, types, sources
- **Variables:** Nature, Types and their control.
- **Experimental Design:** Meaning, Purpose and types.

UNIT II

- **Statistics:** Meaning, Types and scope.
- **Frequency Distribution and Graphic Representation:** Frequency Polygon, Histogram, Ogive.
- **Measures of Central Tendency:** Mean, Median, Mode: Meaning, Computation and Application.

UNIT III

- **Measures of Variability:** Range, Quartile Deviation, A.D., Standard Deviation: Meaning, Computation and Application.
- **Correlation:** Meaning and Computation: Spearman's Rank Order and Pearson's Product Moment Method.

UNIT IV

- **NPC:** Meaning and application.
- **Hypothesis Testing:** T-test and C.R. : Meaning and Computation.
- **Non-parametric Statistics:** Chi-square: Meaning and application.

BOOKS RECOMMENDED:

- Broota, K.D. (1992). Experimental Design in Behavioural Research, New Delhi: Wiley Eastern.
- Garret, H. (Eds) (1969). Statistics in Psychology and Education, Bombay: Vakils, Feffer and Simons Ltd.
- Taresh Bhatia (2004). Modern Psychological Statistics, Orai: Lavanya Prakashan.
- Singh, A.K. (2000). Test, Measurement and Research Methods, Patna: Bharti Bhawan.
- Singh, R.N. (2000). Uchch Prayogik Manovigyan, Agra: Agrawal Publications.


Paper 2: COUNSELLING AND GUIDANCE (Compulsory)

UNIT I

- **Introduction:** Nature and goals of Counselling, Distinction between Guidance and Counselling.
- **Perspectives of Counselling:** Psychoanalytic, Behavioural, Cognitive and humanistic.
- **Types of Counselling:** (a) Directive, Non-directive and eclectic, (b) Individual and group counselling.

UNIT II

- **Counselling Process:** Principles of Counselling.
- **Counselling Skills:** Rapport, Empathy and Communication.
- **Phases of Counselling:** Initial, Middle, Terminal and Follow-up.


14.7.2011

- **Special Areas of Counselling:** Career Counselling, Marital Counselling, Personal Counselling and Counselling of alcoholics and drug addicts.

UNIT III

- **Introduction to Guidance:** Need for Guidance, Nature, Goals and Functions of Guidance.
- **Areas of Guidance:** Educational, Vocational and Personal.

UNIT IV

- **Testing Techniques in Guidance:**
 - Intelligence,
 - Personality,
 - Aptitude,
 - Interests,
 - Achievement Test.

BOOKS RECOMMENDED:

- Gelso, C.J. and Pretz, B.R. (1995). Counselling Psychology, Bangalore: Prism Books Pvt. Ltd.
- Gibson, R.L. and Mitchell, M.H. (2005). Introduction to Counselling and Guidance (6th Edition): Pearson Education.
- Patri, V.R. (2008). Counselling Psychology, New Delhi: Authors Press.
- Rao, S.N. (1991). Counselling and Guidance (28th Reprint 2008), New Delhi: Tata McGraw Hill.
- Rai, A. N. and Asthana, M. (2005). Guidance and Counselling (Concepts, Areas and Approaches), New Delhi: Motilal Banarsidas.
- Woolfe, R., Dryden, W. And Strawbridge, S. (2003). Handbook of Counselling Psychology (2nd Edition), London: Sage Publication Ltd.

OPTIONAL PAPERS (Any one of the following):

Paper 3 (a): ORGANISATIONAL BEHAVIOUR

UNIT I

- **Introduction:** Nature and Scope, Contribution of Taylor, F.W. and Elton Mayo. New Challenges and opportunities.
- **Selection and Placement:** Basic Selection Models, Measurement of Individual Differences. Techniques of Selection: Interview and Psychological Testing.

UNIT II

- **Personnel Training and Development:** Training, Methods of Training: On-the-job and Off-the-job. Techniques of Management Development. Evaluation of Training Programmes.
- **Motivation:** Major Theories: Maslow, Adams and Vroom. Financial and non-financial incentives. Job characteristics; Two Models: Job Enrichment, Quality of Work Life.

UNIT III

- **Job Satisfaction and Industrial Morale:** Nature, determinants and theories (Hezberg, Vroom)
- **Performance Appraisal:** Appraisal Process, Methods of Performance Appraisal and Factors distorting performance appraisal.
- **Organisational Stress:** Nature, sources, role stress and its effect on job behaviour.


14.7.2011

